



Tennis Academy



**Summer
Program**

2022/2023 Season



Summer at GTennis

GTennis Academy offers a summer program that is perfect for young tennis players looking to improve their skills and have a fun and exciting summer time.

Our Summer Tennis Program is a also great opportunity for prospective college tennis athletes to improve their game with the objective of getting a scholarship to study in a US College or University.

Or if you are a just beginner trying to master the fundamentals of tennis, this program is also for you.

The Summer Program is designed for players of all levels, from beginners to advanced competitors.

The program is specifically aimed to help you take your game to the next level and get a competitive edge on the court.





GTennis DNA

At GTennis Academy we are guided by a clear and precise work philosophy, developed through years of training some of the best ATP and WTA champions.

Our team is composed of former players with experience in training top competitive players.

Our english speaking coaches use a variety of techniques and drills to help players improve their skills.



They also provide individualized training to ensure all players reach their full potential.

Our team of experienced coaches will work with players on all aspects of your game, including technique, strategy, and mental toughness.

At Gtennis we make you feel at home so you can improve your performance to maximum levels.



The Program

Each day begins with a healthy breakfast at our Cafeteria, where players can taste our fine and nutritious foods, while socializing with their fellow players.

They then walk to the tennis courts where they receive a morning practice session with drills and exercises. After a short break, players meet at the Gym for their physical conditioning session.

In the evenings, players have the opportunity to participate in recreational activities in the city or close by, do some shopping, or simply rest in their rooms.

Daily Schedule (Mo. thru Sa.)

07:30 - 08:15 Breakfast
08:15 - 08:30 Warm Up
08:30 - 10:30 Tennis Training
10:30 - 11:00 Break (rest)
11:00-12:30 Physical Training (Gym)
12:30-15:15 Lunch
15:15-19:30 Recreational Activities
19:30-21:30 Dinner





Prices

Included in the Weekly Program

- Welcome Pack
- 2 hour daily training of tennis
- 1 hour daily physical conditioning
- Local Tournament Coaching
- 2 Recreational Activities
- 1 Afternoon at the Outdoor Pool
- 1 Afternoon of Shopping
- Saturday of Bowling
- Diploma at Completion

We can also provide, upon request (not included), services such as Physiotherapy, Sport Psychologist, Sport Medical Treatment as well as Transportation from/to the Valencia Airport or Train Station.

Tennis only

1 Week	€600
2 Weeks	€1,000
Full Month	€1,800

Tennis + FB Housing

1 Week	€1,027
2 Weeks	€1,854
Full Month	€3,050

Double Room

Full Board Housing Plan includes Breakfast, Lunch and Dinner.



Valencia is a beautiful Mediterranean city, well known for its rich cultural life, excellent dining, lively nightlife scene, beautiful beaches and warm and sunny weather



Valencia



Our on-site Residence offers the opportunity to live in a comfortable community of athletes and sports enthusiasts, which fosters a sense of camaraderie and support.

With a focus on nutritious and balanced meals, our healthy cafeteria helps our athletes fuel their bodies with the nutrients they need to perform at their best.



Our Facilities

- 6 Clay Courts
- 2 Hard Courts
- 6 Padel Courts
- 2 Soccer Fields
- Gym & Fitness Center
- Physiotherapy Room
- Outdoor Pool

- Residence
- Restaurant
- Cafeteria
- MultiSport Court
- Basketball Pavillion
- Conference Rooms
- Private Parking



info@gtennisacademy.com

Carrer Botxi 4, Betera, 46117, Valencia (Spain) | (w) +34 617 80 05 14

www.gtennisacademy.com

