

A full-page photograph of tennis player Paula Badosa in mid-air, performing a backhand stroke on a blue tennis court. She is wearing a red and black athletic outfit, a white visor, and white sneakers. A yellow tennis ball is suspended in the air above her racket. The background is a dark blue wall.

# Adult Tennis Programs



Paula Badosa  
WTA #2

A full-page photograph of tennis player Roberto Bautista Agut in action on a blue tennis court. He is wearing a white cap, a white t-shirt, black shorts, and blue sneakers. He is captured in a dynamic pose, swinging his tennis racket with both hands. The background is a clear blue sky and the court surface.

*Come and  
Live the  
GTennis  
Experience*

*If you are looking for  
an exclusive,  
exciting, top quality,  
personalized tennis  
experience, these  
programs are for  
you!*

Roberto Bautista  
ATP #9

Practice like a  
**PROFESSIONAL** player!  
Enhance your tennis level  
by training with ATP and  
WTA coaches



Pablo Andujar  
ATP #32



## *GTennis DNA*

Enjoy our fun, high intensity programs, taught directly by our trainers.

Our methodology is based on an exclusive training system developed by our coaches, with all the knowledge acquired through years of experience at the ATP and WTA circuits.

Both our Week and Weekend Programs are perfect plans to enjoy fun tennis escapades in an exciting and unique environment.



## *Training Sessions*

- > All training sessions are divided in **small** groups so you can make the most of your hours on court.
- > Sessions are taught in Clay courts.
- > Main **technical** aspects of the game are reviewed and worked on: from groundstrokes, to Defense and Attack strategies, to Net Game and Serve.
- > Real competition situations are created to work on **tactical** aspects.
- > Match play tournaments are organized with the objective of improving Strategy during **competition**.



## ***Week Program (Sunday thru Saturday-6 days/7 nights)***

- Arrival to Hotel (Su.)(\* )
- Reception and Welcome Pack (Su.)
- Check-in at Hotel (Su.)(\* )
- Breakfast at Hotel (included from Mo. thru Su. from 08:30h)(\* )
- Initial physical condition basic diagnostic (Mo. @ 10:00h)
- 2 hr court daily sessions (Mo. thru Sa. @ 10:30h-12:30h)
- 1 hr gym daily sessions (Mo. thru Sa. @ 12:30h-13:30h)
- Lunch at the Restaurant "El Resort" (Mo. thru Sa. @ around 14:30h)
- 1 hr of court during afternoons (Mo. thru Sa. - upon availability)
- Free afternoons/nights (Su. thru Sa.)
- Full access to all Resort facilities (Su. thru Su.)
- 7 nights at the Ad-Hoc Parque Golf Hotel (Su. thru Su.) (\*)
- Check-out at Hotel (Su.)(\* )

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### ***Price***

With accommodations (\*)

***€1,500 pp.***

Without accommodations

***€1,000 pp.***

Subject to availability at requested dates



## ***Week End Program (Friday thru Sunday-2 days/3 nights)***

- Arrival to Hotel (Fr.)(\*)
- Reception and Welcome Pack (Fr.)
- Check-in at Hotel (Fr.)(\*)
- Breakfast at Hotel (included from Sa. & Su. from 08:30h)(\*)
- Initial physical condition basic diagnostic (Sa. @ 10:00h)
- 2 hr court daily sessions (Sa. & Su. @ 10:30h-12:30h)
- 1 hr gym daily sessions (Sa. & Su. @ 12:30h-13:30h)
- Lunch at the Restaurant "El Resort" (Sa. & Su. @ around 14:30h)
- 1 hr of court during afternoons (Sa. & Su. - upon availability)
- Free afternoons/nights (Fr. & Su.)
- Full access to all Resort facilities (Fr. thru Su.)
- 3 nights at the Ad-Hoc Parque Golf Hotel (Fr. thru Su.) (\*)
- Check out at Hotel (Su.)(\*)

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### ***Price***

With accommodations (\*)

**€600 pp.**

Without accommodations

**€400 pp.**

Subject to availability at requested dates



***Additional Services (upon request and availability)***

- Transportation from and to Airport (Valencia)
- Recovery Physiotherapy (massage and assisted stretching)
- Individual Tennis Lessons (afternoon)
- Access to Escorpión Golf Club (walking distance)



# Facilities

6 Clay Courts  
2 Hard Courts  
6 Padel Courts  
Fitness Center  
Physiotherapy Room  
Outdoor Pool

Restaurant  
Cafeteria  
Soccer Field  
MultiSport Court  
Basketball Pavillion  
Meeting and Conference Rooms  
Private Parking



## *Ad Hoc Parque Golf Hotel \*\*\*\**

This charming 4-star hotel perfectly combines the facilities of an urban hotel (free parking, Wi-Fi and gym-sauna) with the relaxing feeling of rural tourism.

The hotel rooms offer views of the Escorpión Golf Club and the *Sierra de Calderona* Natural Park, perfect for relaxing and enjoying nature.

At walking distance from *GTennis Academy*, it is the perfect combination to fully enjoy your tennis experience.

One the most beautiful cities  
along the mediterranean and a  
very popular destination for  
visitors, thanks to its beaches,  
weather, location, history,  
museums, social life, and  
nightlife

*Valencia*



adults@gtennisacademy.com  
Carrer Botxi 4, Betera, 46117, Valencia (Spain) | (w)+34 617 80 05 14  
www.gtennisacademy.com

